

# Amazonian Traditional Medicine Amazon – Brazil

## TRIP BASIC INFORMATION

### TRIP DATES:

**March 02 - 13**

ARRIVE TO MANAUS: March 01

DEPARTURE FROM MANAUS: March 14

**March 16 – 27** (only if the first trip is full)

ARRIVE TO MANAUS: March 15

DEPARTURE FROM MANAUS: March 28

### TRAVEL AGENT:

**TAM AIRLINES** Fly from NY (JFK) Miami (MIA) Manaus (MAO)AM Brazil (Int. Airport Eduardo Gomes- Manaus)

**COPA IRLINES** Fly from NY (JFK) Panama (PAN) Manaus (MAO)AM Brazil (Int. Airport Eduardo Gomes- Manaus)

**Note:** We do suggest that you contact your own travel agent and check for flights arrangements.

### HOTEL RESERVATIONS:

PLAZZA HOTEL

Av. Getulio Vargas 215- Centro –Manaus –AM- BRAZIL

Phone: 92-3232-7766 Fax: 92-3622-3314 E-mail:

plazzahotel@internext.com.br

**Note:** This hotel address will be needed to complete both the VISA FORM (under the question about where you are staying while in Brazil).

### VISA:

Visa applications should be started at least 4 weeks in advance of your expected departure date to ensure timely receipt of all your travel documents. <[www.Passportsvisaexpress.com](http://www.Passportsvisaexpress.com)>

<http://travel.state.gov/brazil.html>

### MEDICAL ISSUES:

YELLOW FEVER and TETANUS vaccinations are recommended as well as prophylaxis for MALARIA. Trip participants should consult with their own physician regarding their personal situation and medical needs.

**TRIP COST:**

\$2,495.00 USD per person (8 people minimum for trip to go). Discounts are available for 2 or more people traveling together (\$75 each). If you wish an extra healing you have to give an extra donation.

**To book your trip:**

Please download the registration form, complete and send payment ASAP.

**[http://www.globalecojourney.com/global\\_eco\\_journey\\_registration\\_form.pdf](http://www.globalecojourney.com/global_eco_journey_registration_form.pdf)**

\$500 nonrefundable deposit to hold your space. All participants are required to sign a liability waiver and registration form. Upon booking, participants will receive: Travel packet: A guidebook that includes all relevant pre-departure information and program details.

**Special Notes:** All participants will receive a Manual: "Medicinal Plants and Traditional Healing Techniques from the Rainforest" & Guide Book: Medicinal Plants at Tarumã Sanctuary.

**Note:** Trips often fill up months in advance. If you would like to guarantee your place, please contact us as soon as possible.

# Amazonian Traditional Medicine

## Amazon – Brazil

March 02 - 13

March 16 - 27

### TEACHERS

**Dr. Bernardo D. Peixoto**, anthropologist and environmentalist teacher. He is also a member of the Ure-ewau-wau tribe of Brazil and cofounder of the Native Cultural Alliance Org, an organization dedicated to the preservation and sharing of native cultures and wisdom. He has worked for many years with the tribal and “riverine” groups in South America.

**Itzhak Beery**, is a shamanic healer and workshop international leader. He was initiated into the ancient Inka healing tradition by an Ecuadorian Yachak and a Shaoré from the Brazilian Amazon. He also studied, with other shamans from Ecuador, Peru and the United States. He is a co-founder of the NY Shamanic Circle, and a member of the Society for Shamanic Practitioners.

**Eve Bruce**, MD has studied with indigenous elders from several continents, and author of “Shaman MD” (Destiny Books). She was the first non-indigenous woman to be inducted into the circle of Andean Birdpeople Shamans or Yachaks.

Brought up in Kenya, she has studied with the prophet, artist and holy man Vusamazulu Credo Mutwa for seven years. She has led transformational and shapeshifting beauty workshops internationally at venues such as The Omega ; in Ecuador, India and South Africa. A pipe carrier and Sundancer in the Ojibwe tradition.

**Claicha Toscano**, anthropologist, native of Peru. She is a teacher, researches traditional herbal medicine, and conducts field work with the indigenous people of South America. She also assists in development of environmental programs and trips to the Amazon and Peru.

### Program / Itinerary (\*)

#### 1<sup>st</sup> day - Amazonas- Manaus City

Arrival at the Int. Airport Eduardo Gomes in Manaus, Amazon- Brazil. Check-in at the hotel. Relax and get to know the other trip participants.

#### 2<sup>nd</sup> day to 6<sup>th</sup> - Manaus City - Amazon River/ Black River– Tarumã Sanctuary

After we will head to the riverboats with our gears and travel along the Black River we will visit the “Meeting of the Waters”. During the day

there are many activities to enjoy when the flora y fauna is more active and visible. We'll have opportunity to visit homes/farms of "caboclos", the mixed blood people, who live along the river banks and to see how they are living in traditional ways. That will inspire and awaken the long-forgotten resources you have within yourself.

**Meeting of the waters:** Sacred place where the Amazon /Solimoes and Black River, biggest rivers form rainforest has their encounter. According native's sacred traditions this "encounter" is a symbol of divine influence in our life. They evoke an image of "Yara" spiritual linking us intimately with our spiritual source nourishing and sustaining us, and flowing forth to connect us with all things. We will stop along the way to do a sacred ceremony, meditate and journey connecting to the sources of nature.

**Tarumã Sanctuary.** You will receive more detailed information about the program itinerary and the route at Tarumã Sanctuary, our base camp dedicated to the conservation and restoration of the natural biodiversity of the region.

In the sanctuary we will start with a "medicinal walk" along a nature trail, identifying various medicinal trees, herbs & flower species. We will learn about the amazing properties of local medicinal and aromatic plants. After lunch feel free to take a "siesta" (nap), walk or just to sit in a hammock and enjoy the pleasure of doing nothing.

You will have the opportunity to **explore intensive cleansing and healing work with native medicine men, healers, and herbalist** and learn traditional techniques healings from the rainforest.

We will experience the mystery and tremendous power of sacred traditional Medicinal ritual and ceremonies and connecting to the sources of nature. We will perform a personal journey into the expanding consciousness where the healing Spirit of the rainforest miraculously manifests.

## **Visit local communities**

### **Tucano Community**

We will visit at Tucano family considered the best friendly people among the others. Participate in a "Welcome" and "Caxiri" ceremony/dance are a very special and unusual opportunity. We'll spend time interacting with the elders and others members of the community we can participate the hand making handcrafts. They are very generous sharing the stories, ceremonies and healing practices. If you wish the shaman will perform a healing on you for a donation.

### **Jaraqui Community**

We will hike in the jungle, experiencing the sights, sounds, and scent of the world's greatest wilderness. We will take a leisurely stroll and look at plant and animal oddities along the way. Visit and share a ceremony around the "Sacred Tree" in the jungle. It is a truly gigantic forest tree (Gergelim) covered with twisting lianas, aerial termite nest, and a novel flora and fauna. We join with Antonio, a native bushmaster who will describe the uses of various types of trees, herbs, roots, during our expedition.

### **Vision quest in the wilderness (Opcional)**

Experience the sounds and beauty of camping deep in the rainforest with only the light of the night moon and stars to guide you. Participate in sacred ceremony and in very intensive personal journeys, reveal in these precious moments of self-discovery and understanding and let your energies be renewed as you slow your own space to the natural rhythm of the rainforest. Accommodation's are in hammocks in a rustic shack. Next day, after a refreshing swimming at the "*Olho da Agua*" or the river, we will return to the river boat we will continue going upstream. Some evening storytelling.

### **Wildlife viewing**

Crossing the Black River we found the **Anavilhanas Islands**, it is located 70 km upstream from Manaus; at this point the river becomes 27 km wider. It is the biggest fresh water archipelago in the world, composed of over 400 islands. The surrounding scenery is verdant and full of wildlife.

### **"Three mouths"**

According to native belief in the area the "Three mouth" (located at the Anavilhanas area) represents a pilgrimage for the faithful. The tradition says is good to receive the ritual cleansing from "Yara" before to do a very simple ceremony for thanksgiving. (Yara is the goddess of the rivers, waterfalls, lakes..) Considering the rivers (water) of lesser lives that course through our physical body daily (food, drink, and air we exchange) it is not difficult to visualize the emotional, mental, spiritual and divine lives that flow through us. Good opportunity to re-set ourselves in "right relationship" to the sources of power that provides us with an unending supply of energy to engage in our daily living.

Also in this area the fishermen can find a lot of different kind of fish.

### **Pink dolphins (this visit is optional)**

We stop at the little town of Novo Airão, we can visit the river port and we spend time walking a sandy beach where we will swim with the famous pink dolphins (*Inia Geoffrensis*). Though the water we can hear their high-pitched whistles and occasional pops. Native people believe that dolphins are constantly connected with the universal vibrations coming from source. Being with them helps people regain their natural healthy state. This moment is breathtakingly beautiful!!! In this area you can purchase native handcrafts.

### **10<sup>th</sup> to 12- day Tarumã Sanctuary**

Back to Tarumã Sanctuary, we will conduct a symbolic initiation ritual of this process and create a healing moment for being constant contact with your spirit guides, teachers and protectors. We will experience the mystery and tremendous power of sacred traditional ceremony honoring Mother Earth.

After the lunch go to Manaus City.

### **13-14<sup>th</sup> day**

After the breakfast check out and go to the airport.

### **Please note:**

(\*)This itinerary is our objective for this journey. Unforeseen circumstances can alter the timing and availability of various aspects of the trip.