

# Amazonian Traditional Medicine Teachings

## Shamanic Expedition - Brazil

Two week Certification Program

March 18 - 31, 2010

with Ipupiara, Claicha  
and Eve Bruce



*"Within the natural sanctuary of the rainforest you will discover a sacred place where your deepest needs, values and passions can speak and allow Mother Earth to reach and teach you. Throughout this journey you will be recharged, enlightened and educated, ready to put your creativity to work to make a positive change in your personal activities and in the global community. By combining old traditions with modern ways we can create a more healthy lifestyle."*

This program is offered to anyone who already has a basic understanding of holistic notions or alternative therapies and is ready and eager to deepen their knowledge of traditional ancient energetic forms of healing arts and to spend their days nurturing their awareness in the natural environment. It is also open to those who simply want to experience this deep healing environment. This program hopes to foster the knowledge that wellness is a journey that continues throughout life. When we choose natural techniques and formulas for our own healing, we are seeking to achieve harmony and balance with ourselves and with nature.

\* Six ethnic groups live in close proximity in this area of the Amazon jungle, allowing a rare opportunity to learn and experience ancient, powerful healing techniques and herbal lore. Do not miss this once in a lifetime opportunity!

\* Taruma Sanctuary is the perfect place to begin our journey. It is an interesting detour from the routine of pre-packaged travel plans. After spending time there, we will travel through the pristine tropical jungles along the Rio Negro River, visit local native communities, admire the river banks, and explore ancient caves, waterfalls and national parks.

Some of the topics we will cover:

- ~ Practicing ancient and mystical healing arts from the rainforest tradition using local medicinal and aromatic plants and natural tools.
- ~ Basic concepts of health and healing used in local areas by native herbalists and teachers.

Creative expressions and reflections during our journey:

- ~ Visiting local communities and participating in sacred traditional ceremonies.
- ~ Open forum: Native communities, folklore, ceremonies, storytellers, dances.
- ~ Walking, trekking, swimming with pink dolphins, canoeing, fishing, and much needed relaxation.



~ Hammock lounging therapy.

~ Traditional massage with natural rainforest products.

\*Included in your trip:

Tuition, hotel accommodations in shared doubles, based on double occupancy and

board, all meals and accommodations, ground and river transportation where appropriate.

Entrance fees for all sites within the itinerary.



### **Cost Does Not Include:**

Airfare to and from Manaus, Brazil, fees for passports and visas, arrangements for independent

arrival and/or departure, additional hotel expenses due to flight cancellations or other unforeseen factors, phone calls, incidental food and beverages purchased on the road or at meal times, travel insurance. Tipping is normal, but entirely at your own discretion.

### **Trip Cost:**

**\$2,450.00 USD per person** (6 people minimum for trip to go).

Discounts are available for 4 or more people traveling together.

(Does not include round trip airfare to Manaus)

**\$500 nonrefundable deposit to hold your space**

contact [nunqui@verizon.net](mailto:nunqui@verizon.net) .



### **Special Notes:**

All participants are required to sign a liability waiver and registration form. During the trip daily activities may be modified due to weather conditions or other unforeseen factors.

Participants will receive:

Travel packet: Guidebook "Wisdom of the Rainforest" that includes all relevant pre-departure information and program details.

- manual guide book: "Medicinal Plants and Traditional Healing Techniques from the Rainforest."

- Self-Guide Book - Medicinal Plants at Tarumã Sanctuary.

**Bernardo D. Peixoto, PhD** is an anthropologist, environmentalist and teacher. He is also a member of Ure- e-wau- wau tribe of Brazil and cofounder of Native Cultural Alliance, an organization dedicated to the preservation and sharing of native cultures and wisdom. He has worked for many years with the tribal and "riverine" groups in South America.

Bernardo and his wife, Jenny, have traveled extensively over the past 10 years offering lectures and workshops in different states.

**Jenny C. Toscano** is also an anthropologist, native of Peru and wife of Dr. Peixoto. She is a teacher, researcher of traditional herbal medicine and conducts fieldwork with the indigenous people of South America. She also assists in the development of environmental programs and trips to the Amazon. She currently serves as the Coordinator of Programs with the Native Cultural Alliance (NCA).

**Eve Bruce, MD** lives in County Kerry, Ireland. For the past decade she has dedicated herself to changing the paradigm of our relationship to our Mother Earth, to the Goddess, to our bodies and to each other. She facilitates trips to learn from indigenous elders in South America and Africa. Brought up in Kenya, she holds a special love for the wisdom and energies of the continent from which humanity was born. She has studied with the prophet, artist and holy man Credo Mutwa for five years.

As both a plastic surgeon and a shaman, she has a unique perspective and understanding of what our culture and others call beauty, of the workings of our body sacred, and of how we do or do not embody our spirit. Eve has studied with John Perkins and the shamans described in his books *Shapeshifting* and *The World Is As You Dream It*, and was the first non-Quechua woman to be inducted into the Circle of Yachaks, or Birdpeople, of the high Andes. Her passion is helping individuals change their dreams by shifting from a focus on external to internal beauty. She teaches people transformational tools to shapeshift themselves, our culture, to have "plastic surgery without the surgery," to end the "pursuit of happiness," and to live in ecstasy. Author of "Shaman MD" (Destiny Books), her new book with Robert Levy, "Shamanism - The Book of Journeys" (O-Books) is due out next year. She is relocating to Ireland where she will be teaching shamanism, running a retreat center on the Dingle peninsula, and leading vision quests. She will continue putting out a free ezine from there - Lios Dana Dolphin Spirit Gate.

### ***Shamanic Healing Trip to the Rio Negro Amazon***

***March 18-31 2010***

*Please Join Ipupiara, Cleica and myself on an unforgettable and most unique healing trip of your life.*

*Meet local shamans in teachings, healing rituals and ceremonies. Hiking, Swim with pink dolphins, participate in Plant Medicine Ceremonies.*

*Enjoy the big river and the amazing rain forest life while it is still possible. Maybe the most life changing trip you will ever take. Only because of Ipupiara's knowledge of the six local dialects we are able to get into close encounter with the local shamans and their communities.*

*Only \$2,450 (US\$) not including Airfare (book early and save). Register now. Small group, 6 places are still available.*

*If your heart tells you to to join me, let me know and I'll send you the details.*